Amendments to the Claims:

All claim amendments are made without prejudice or disclaimer. This listing of claims will replace all prior versions, and listings, of claims in the application.

Listing of Claims:

Claim 1. (Currently amended) A method of forming <u>an</u> ear or nose plugsplug, comprising: providing silicone rubber base <u>material</u> and catalyst <u>materials</u>;

mixing about equal parts of the silicone rubber base <u>material</u> and catalyst <u>material</u> materials to form a homogeneous putty;

forming a module of the homogeneous putty;

inserting a sufficient amount of the module within an ear or nose cavity using enough gentle pressure to allow the module to conform to the ear or nose cavity and to form a hook-like portion within the ear cavity;

leaving enough of the module outside of the cavity to grasp for removal; waiting a predetermined amount of time to cure; and removing a custom shaped ear or nose-plug.

- Claim 2. (previously presented) The method according to claim 1, wherein providing silicone rubber base material comprises providing a polysiloxane base having moderately low molecular weight polymer with 3 to 10 silane groups per molecule and filler.
- Claim 3. (previously presented) The method according to claim 1, wherein providing silicone rubber catalyst material comprises providing a moderately low molecular weight polymer with vinyl terminal groups plus filler and chloroplatinic acid catalyst.
- Claim 4. (previously presented) The method according to claim 1, wherein mixing

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comprises kneading by hand to obtain a uniformly mixed homogeneous putty.

Claim 5. (previously presented) The method according to claim 1, wherein mixing comprises using a spatula to obtain a uniformly mixed homogeneous putty.

Claim 6. (previously presented) The method according to claim 1, wherein forming a bullet shaped and sized module of the homogeneous putty for an ear plug comprises rolling a ball of between about 0.5 to about 1.5 cubic centimeters of the homogeneous putty between fingers until one end is narrower in diameter than an opposite end.

Claim 7. (previously presented) The method according to claim 1, further comprising forming the module into a bullet shaped and sized module.

Claim 8. (canceled)

Claim 9. (previously presented) The method according to claim 1, wherein inserting the module is performed within about 1 minute to about 3 minutes from beginning of the mixing.

Claim 10. (previously presented) The method according to claim 1, wherein waiting a predetermined amount of time to cure comprises waiting at least about 3 to 5 minutes measured from beginning of the mixing.

Claim 11. (Currently amended) The method according to claim 1, wherein removing a custom shaped ear or nose-plug comprises grasping the module outside of the cavity and gently removing the custom shaped ear or nose-plug.

Claim 12. (Withdrawn) A polyvinyldimethylsiloxane or polyvinylsiloxane ear or nose plug formed by the process comprising:

providing silicone rubber base and catalyst materials;

mixing about equal parts of the silicone rubber base and catalyst materials to form a homogeneous putty;

forming a module of the homogeneous putty;

inserting the module within an ear or nose cavity using enough gentle pressure to allow the module to conform to the ear or nose cavity and leaving enough of the module outside of the cavity to grasp for removal;

waiting a predetermined amount of time to cure; and removing a custom shaped ear or nose plug.

- Claim 13. (Withdrawn) The method according to claim 12, wherein providing silicone rubber base material comprises providing a polysiloxane base having moderately low molecular weight polymer with 3 to 10 silane groups per molecule and filler.
- Claim 14. (Withdrawn) The method according to claim 12, wherein providing silicone rubber catalyst material comprises providing a moderately low molecular weight polymer with vinyl terminal groups plus filler and chloroplatinic acid catalyst.
- Claim 15. (Withdrawn) The method according to claim 12, wherein mixing comprises kneading by hand to obtain a uniformly mixed homogeneous putty.
- Claim 16. (Withdrawn) The method according to claim 12, wherein mixing comprises using a spatula to obtain a uniformly mixed homogeneous putty.
- Claim 17. (Withdrawn) The method according to claim 12, wherein forming a module comprises forming a bullet shaped and sized module.
- Claim 18. (Withdrawn) The method according to claim 17, wherein forming a bullet shaped

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and sized module of the homogeneous putty for an ear plug comprises rolling a ball of between about 0.5 to about 1.5 cubic centimeters of the homogeneous putty between fingers until one end is narrower in diameter than an opposite end.

- Claim 19. (Withdrawn) The method according to claim 17, wherein forming a bullet shaped and sized module of the homogeneous putty for a nose plug comprises rolling a ball of between about 2 to about 4 cubic centimeters of the homogeneous putty between fingers until one end is narrower in diameter than an opposite end.
- Claim 20. (Withdrawn) The method according to claim 12, wherein inserting the module is performed within about 1 minute to about 3 minutes from beginning of the mixing.
- Claim 21. (Withdrawn) The method according to claim 12, wherein waiting a predetermined amount of time to cure comprises waiting at least about 3 to 5 minutes measured from beginning of the mixing.
- Claim 22. (Withdrawn) The method according to claim 12, wherein removing a custom shaped ear or nose plug comprises grasping the module outside of the cavity and gently removing the custom shaped ear or nose plug.
- Claim 23. (Withdrawn) A silicone rubber ear plug, comprising,
- a first portion for extending into an ear canal and having a hook portion at an end thereof for retaining the ear plug within the ear canal; and
- a second portion extending over the skin forming the entrance of the ear canal for grasping the ear plug for removal from the ear canal.
- Claim 24. (Withdrawn) The ear plug of claim 23, wherein the ear plug is comprised of at least one of polyvinyldimethylsiloxane or polyvinylsiloxane.

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- Claim 25. (Withdrawn) The ear plug of claim 23, wherein the ear plug is permanently formed in the shape of a portion of an ear canal.
- Claim 26. (Withdrawn) The ear plug of claim 25, wherein the ear plug is formed from a flexible and resilient material.
- Claim 27. (New) The method according to claim 1, comprising mixing about equal parts of the silicone rubber base material and catalyst material to form a homogeneous putty having a cure time such that the ear plug may be removed in less than 20 to 30 minutes.
- Claim 28. (New) The method according to claim 27, comprising providing a silicone rubber base material having a first color and a catalyst material having a second color that is different from the first color.
- Claim 29. (New) The method according to claim 28, comprising providing an addition type silicone rubber base material and catalyst material.